Preschool–Grade 6

# Lot Escapes Sodom and Gomorrah

Sunday School Lesson for Preschool (Ages 3–5), 20–30 minutes

**Main point:** God is kind, and I obey Him right away.
**Bible passage:** Genesis 19. Read Genesis 19:15–29 yourself before class.
**Memory verse:** "Remember Lot's wife." *Luke 17:32 (KJV).* Jesus said it, so we remember to obey God.
**You need:** a Bible, masking tape or a chair to mark "Zoar," crayons, and one take-home sheet for each child.
**Before class:** put a bookmark in your Bible at Genesis 19. Mark one corner of the room "Zoar."

## 1. Opening game: Hurry to Zoar (5 minutes)

Say, "Hurry, hurry to Zoar!" and point to the corner. Kids walk fast to Zoar. Say, "Hurry back!" and they walk back. Then say, "This time, don't look back!" Stand behind them and clap as they walk. Who can walk all the way without looking back? Say: "Today we will hear a true story about a family God told to hurry and not look back."

## 2. Bible story (5 minutes)

Hold up your Bible open to Genesis 19. Say: "This story is true. It is in God's Word." Read each line slowly and do the motion. When you see **Say it with me**, the kids say the line back to you.

Lot lived in a city called Sodom (Genesis 14:12). *(Make a roof with your hands.)*
The people there were very bad (13:13). *(Shake your head no.)*
God sent two angels to bring Lot out (19:1, 19:12). *(Hold up two fingers.)*
In the morning they said, "Hurry! Take your wife and your two girls!" (19:15). *(Wave your arm: come on!)*
But Lot was slow (19:16). *(Walk very slowly in place.)*
So the angels took their hands (19:16). *(Hold a friend's hand.)*
God was kind to Lot (19:16). *(Hug yourself.)*
**Say it with me: "God is kind!"**
The angel told them to run and not look back (19:17). *(Run in place, eyes forward.)*
Lot ran to a little city called Zoar (19:22–23). *(Make a small circle with your arms.)*
The angel said, "Don't look back!" But Lot's wife looked back (19:17, 19:26). *(Turn your head back, then shake it: no!)*
God kept Lot safe (19:29). *(Hands up high: thank You, God!)*
**Say it with me: "I will obey God right away!"**


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## 3. Questions to ask (3 minutes)

1. Who did God send to get Lot? *(Two angels, Genesis 19:1)*
2. What did the angel say? *(Run, and don't look back. 19:17)*
3. Where did Lot run? *(To a little city called Zoar, 19:22–23)*

## 4. Memory verse (3 minutes)

Say: "Jesus said, 'Remember Lot's wife.' The angel said not to look back, but she looked back." Teach the motions: tap your head for "Remember," then point straight ahead and walk two steps forward (no looking back!). Say the verse with the motions three times: in a normal voice, in a whisper, and in a happy loud voice. Then say "Luke 17:32" and clap three times.

## 5. What this means for us (3 minutes)

Say: "God loves you! Everyone has done wrong things. That is called sin (Romans 3:23). Jesus is God. He came to earth as a man (1 Timothy 3:16). Jesus died for our sins. He was buried. Then He rose again (1 Corinthians 15:3–4)! The Bible tells us what to do (Acts 2:38). We repent: we tell God we are sorry, and we stop doing wrong. We are baptized in Jesus' name, down under the water, and our sins are washed away. And God gives us the Holy Ghost. That is God's own Spirit in us. When people are filled with the Holy Ghost, they speak in other tongues, words God gives them (Acts 2:4)."
*Pray with the kids, and encourage them to talk with their parents and pastor about being baptized in Jesus' name and filled with the Holy Ghost. Never pressure a child.*

## 6. Activity: The Little City (5–10 minutes)

Give each child a take-home sheet. In the drawing box, help them draw a little city with a big yellow sun over it, because the sun was up when Lot came to Zoar (Genesis 19:23). While they color, ask: "Who held Lot's hand? Was God kind to Lot?" Kids who finish early can play Hurry to Zoar again.

## 7. Prayer

Say each line, and the kids say it after you:
"Thank You, God, for being kind.
Help me obey You right away.
In Jesus' name, amen."

**Tips for little ones:** keep the story calm and gentle. The fire, the brimstone and what happened to Lot's wife are left out of the preschool telling on purpose. If a child asks what happened to her, say simply, "She became a pillar of salt (Genesis 19:26). That's why Jesus said to remember her and obey God."


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