Preschool–Grade 6

The Last Supper

Sunday School Lesson for Preschool (Ages 3–5), 20–30 minutes

Main point: Jesus helped His friends. I can help others, and I remember Jesus.
Bible passage: Luke 22:7–20 and John 13:1–17. Read them yourself before class.
Memory verse: "Love one another; as I have loved you." *John 13:34 (KJV, part).*
You need: a Bible, an empty plastic pitcher or jug, crayons, and one take-home sheet for each child.
Before class: put a bookmark in your Bible at Luke 22. Set two chairs in a corner. That is the "upper room."

1. Opening game: Follow Me (5 minutes)

Hold the empty pitcher and say, "Follow me!" Walk slowly around the room while the kids follow you in a line: tiptoe, march, take giant steps. End at the two chairs in the corner and say, "Here is the room upstairs!" Let a few children carry the pitcher and lead. Say: "Today we will hear a true story about a supper Jesus ate with His friends in a big room upstairs."

2. Bible story (5 minutes)

Hold up your Bible open to Luke 22. Say: "This story is true. It is in God's Word." Read each line slowly and do the motion. When you see **Say it with me**, the kids say the line back to you.

Jesus sent Peter and John to get supper ready (Luke 22:8). *(Point two fingers.)*
They followed a man with a water pitcher (22:10). *(Walk in place.)*
He showed them a big room upstairs (22:12). *(Climb the stairs with your hands.)*
Jesus sat down with His twelve friends (22:14). *(Sit down.)*
Jesus got a towel and a bowl of water (John 13:4–5). *(Pretend to pour water.)*
Jesus washed His friends' feet (13:5)! *(Wiggle your feet.)*
Say it with me: "Jesus helped His friends!"

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The story continues:
Jesus said to help each other like He helped them (13:14–15). *(Hold hands with a friend.)*
Jesus took bread. He thanked God and broke it (Luke 22:19). *(Fold your hands, then break pretend bread.)*
Jesus said to do this to remember Him (22:19). *(Point to your head.)*
Jesus took the cup too (22:20). *(Hold up a pretend cup.)*
Say it with me: "We remember Jesus!"
One friend, Judas, went out into the dark night to do a wrong thing (John 13:30). *(Make a sad face.)*
Jesus loved His friends all the way to the end (13:1). *(Hug yourself.)*

3. Questions to ask (3 minutes)

1. What did Jesus wash? *(His friends' feet, John 13:5)*
2. What did Jesus break? *(The bread, Luke 22:19)*
3. What did Jesus say? *(To do this to remember Him, 22:19)*

4. Memory verse (3 minutes)

Say: "Jesus said, 'Love one another; as I have loved you.' That means love each other the way Jesus loves you." Teach the motions: hug yourself for "love," point to the other kids for "one another," and point up for "as I have loved you." Say it with the motions three times: in a normal voice, in a whisper, and in a happy loud voice. Then say "John 13:34" and clap two times.

5. What this means for us (3 minutes)

Say: "Jesus helped His friends, and Jesus loves you! Everyone has done wrong things. That is called sin (Romans 3:23). Jesus is God. He came to earth as a man (1 Timothy 3:16). Jesus died for our sins. He was buried. Then He rose again (1 Corinthians 15:3–4)! The Bible tells us what to do (Acts 2:38). We repent: we tell God we are sorry, and we stop doing wrong. We are baptized in Jesus' name, down under the water, and our sins are washed away. And God gives us the Holy Ghost. That is God's own Spirit in us. When people are filled with the Holy Ghost, they speak in other tongues, words God gives them (Acts 2:4)."
Pray with the kids, and encourage them to talk with their parents and pastor about being baptized in Jesus' name and filled with the Holy Ghost. Never pressure a child.

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6. Activity: A Helping Job (5–10 minutes)

Give each child a take-home sheet. In the drawing box, help them draw a big bowl of water and a towel, or the bread and the cup. While they color, ask: "How did Jesus help His friends? Who can you help this week?" Then give every child a small helping job: pass out crayons, pick up papers, push in chairs. Thank each one: "You served like Jesus!"

7. Prayer

Say each line, and the kids say it after you:
"Thank You, Jesus, for loving me.
Help me help others.
I will remember You.
In Jesus' name, amen."

Tips for little ones: keep the story moving and let every child do the motions. If they get wiggly, do the walking and the foot-wiggling motions again. Send the take-home sheet home so parents can tell the story again this week.

About Judas: this lesson tells Judas's part in one simple line and leaves out the money and the rest (Luke 22:3–6, John 13:21–30). Read it yourself before class. If a child asks, say gently, "Judas chose to do wrong, but Jesus still loved His friends."

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