Preschool–Grade 6

Enoch Walked with God

Sunday School Lesson for Preschool (Ages 3–5), 20–30 minutes

Main point: I can walk with God.
Bible passage: Genesis 5 and Hebrews 11:5. Read Genesis 5:21–24 and Hebrews 11:5 yourself before class.
Memory verse: "Enoch walked with God" *Genesis 5:24 (KJV)*.
You need: a Bible, masking tape (or a long piece of yarn) to make a path on the floor, crayons, and one take-home sheet for each child.
Before class: put a bookmark in your Bible at Genesis 5. Make a long, curvy path on the floor with tape or yarn.

1. Opening game: Follow My Feet (5 minutes)

Kids walk the tape path behind you, one after another. Call out how to walk: "Big steps! Little steps! Tiptoe! Slow like a turtle! Stop!" Say: "You stayed close and went the same way I went. Today we will hear a true story about a man who walked with God."

2. Bible story (5 minutes)

Hold up your Bible open to Genesis 5. Say: "This story is true. It is in God's Word." Read each line slowly and do the motion. When you see **Say it with me**, the kids say the line back to you.

Long ago there was a man named Enoch (Genesis 5:21). *(Wave hello.)*
God gave Enoch a baby boy, Methuselah (5:21). *(Rock a baby in your arms.)*
Enoch walked with God (5:22). *(Walk in place.)*
He stayed close to God every day. *(Hug yourself.)*
Say it with me: "Enoch walked with God!"
He walked with God for years and years and years (5:22). *(Walk in place, slow, then fast.)*
Enoch pleased God (Hebrews 11:5). *(Big smile and thumbs up!)*
Then God took Enoch (Genesis 5:24). *(Lift your hands up high.)*
Enoch did not die (Hebrews 11:5). *(Shake your head no.)*
Enoch was not found, because God took him (Hebrews 11:5). *(Hand over your eyes, look all around.)*
God took him! **Say it with me: "I can walk with God!"**

Free to print & copy for church, classroom & home · Please don't resell or re-post

3. Questions to ask (3 minutes)

1. Who walked with God? *(Enoch, Genesis 5:24)*
2. Was God happy with Enoch? *(Yes! He pleased God, Hebrews 11:5)*
3. Who took Enoch? *(God did, Genesis 5:24)*

4. Memory verse (3 minutes)

Say: "God's Word says, 'Enoch walked with God.'" Teach the motion: walk in place for "Enoch walked," then point up for "with God." Say the verse with the motion three times: in a normal voice, in a whisper, and in a happy loud voice. Then say "Genesis 5:24" and clap three times.

5. What this means for us (3 minutes)

Say: "God loves you! Everyone has done wrong things. That is called sin (Romans 3:23). Jesus is God. He came to earth as a man (1 Timothy 3:16). Jesus died for our sins. He was buried. Then He rose again (1 Corinthians 15:3–4)! The Bible tells us what to do (Acts 2:38). We repent: we tell God we are sorry, and we stop doing wrong. We are baptized in Jesus' name, down under the water, and our sins are washed away. And God gives us the Holy Ghost. That is God's own Spirit in us. When people are filled with the Holy Ghost, they speak in other tongues, words God gives them (Acts 2:4)."
Pray with the kids, and encourage them to talk with their parents and pastor about being baptized in Jesus' name and filled with the Holy Ghost. Never pressure a child.

6. Activity: My Walk with God (5–10 minutes)

Give each child a take-home sheet. In the drawing box, help them draw a long path. Then they draw footprints along it, or press a crayon-colored finger along the path to make little "steps." While they color, ask: "Who walked with God? Can you walk with God too?" Kids who finish early can walk the tape path again.

7. Prayer

Say each line, and the kids say it after you:
"Dear God, I want to walk with You.
Help me please You every day. In Jesus' name, amen."

Tips for little ones: keep the story moving and let the kids walk the path more than once. If they get wiggly, do the "walk in place" motion again. Send the take-home sheet home so parents can tell the story again this week.

If a child asks where Enoch went: answer simply. The Bible says "God took him" (Genesis 5:24), and Enoch did not die (Hebrews 11:5). It does not tell us how.

Free to print & copy for church, classroom & home · Please don't resell or re-post