Preschool–Grade 6

Enoch Walked with God

Sunday School Lesson for 3rd to 5th Grade, 45–60 minutes

Main point: Enoch walked with God by faith and pleased God. We walk with God when we stay close to Him and go His way every day.
Bible passage: Genesis 5:18–27 and Hebrews 11:5–6. Read them before class.
Memory verse: "And Enoch walked with God: and he was not; for God took him." *Genesis 5:24 (KJV)*
You need: a Bible for each child (or one for every two children), a whiteboard or large paper, a marker, and one take-home sheet for each child.
Before class: write the memory verse on the board.

1. Opening game: Same Way, Same Pace (5–10 minutes)

Kids pair up. One partner leads and walks slowly around the room; the other walks right beside them, matching every step, stop and turn. After a minute, switch. Then ask: *What did you have to do to walk with your partner? What happened when you looked away or went your own way?* Read Amos 3:3: "Can two walk together, except they be agreed?" (**agreed** means of one mind, going the same way). Say: "Today we will meet a man who walked with God for 300 years."

2. Bible story: Enoch Walked with God (15 minutes)

Kids open their Bibles to Genesis 5. When you reach a **Look up** line, a child finds the verse and reads it out loud. Tell the rest in your own words.

The family of Adam. Genesis 5 is "the book of the generations of Adam" (5:1), a list of Adam's family from father to son. **Begat** means became the father of. Ask the kids to look through Genesis 5 and find the three words that end almost every man's part: "and he died" (5:5, 5:8, 5:11). Keep that in mind!

Enoch. Enoch's father was Jared (5:18). Count the fathers from Adam: Adam, Seth, Enos, Cainan, Mahalaleel, Jared, Enoch (5:3–18). Enoch is the seventh, and the Bible calls him "the seventh from Adam" (Jude 14). **Look up Genesis 5:21.** At 65, Enoch became the father of Methuselah.

Walking with God. Look up Genesis 5:22. After Methuselah was born, Enoch walked with God 300 years and had more sons and daughters. Walking with God means staying close to God, talking with Him, and going His way, day after day. Enoch did it while he raised a family. **Look up Genesis 5:23.** All his days were 365 years.

"He was not." Look up Genesis 5:24. Ask: *Does Enoch's part end with "and he died"?* No! Every other father in the list, from Adam to Lamech, dies (5:5–31), but not Enoch. **He was not** means he was no longer there. God took him.

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What Hebrews says. Look up Hebrews 11:5. Translated means carried from one place to another: God took Enoch from the earth, and he did not die. He "was not found": he was gone from the earth. **Testimony** means what was known and said about him: "he pleased God." The Bible does not tell us how God took him, so we don't guess. **Look up Hebrews 11:6.** Enoch pleased God by **faith**: he believed God is real, and he came to God.

The family after Enoch. Enoch's son Methuselah lived 969 years (5:27). Methuselah's son was Lamech, and Lamech's son was **Noah** (5:25–29). Noah, Enoch's great-grandson, "walked with God" too (6:9).

3. Questions to ask (10 minutes)

Thinking questions (no single right answer; let kids talk)

1. Enoch walked with God 300 years while raising sons and daughters (5:22). What does walking with God look like at home, at school or with friends?
2. Amos 3:3 asks, "Can two walk together, except they be agreed?" What do we need to agree with God about to walk with Him?
3. Everyone knew Enoch "pleased God" (Hebrews 11:5). What do you think people know about you?
4. Hebrews 11:6 says we must believe that God "is." How do you know God is real?
5. Noah walked with God too (6:9). Who helps you walk with God, and whom could you help?

Recall questions

1. Who was Enoch's son? *(Methuselah, Genesis 5:21)*
2. How many years did Enoch live in all? *(365, 5:23)*
3. What does "translated" mean in Hebrews 11:5? *(God took him from the earth, and he did not see death)*

4. Memory verse: Erase a Word (5 minutes)

Explain the old words: **he was not** means he was not there anymore; **God took him** means God took Enoch to Himself, and he did not die (Hebrews 11:5). Read the verse on the board together. Erase two words and read it again. Keep erasing two words at a time until the board is empty and the class can say it alone. Then kids say it to a partner.

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5. What this means for us (5 minutes)

Say: "Enoch walked with God and pleased God by faith. You can walk with God too. God loves you. The Bible says: 'For all have sinned, and come short of the glory of God' (Romans 3:23, KJV). That means all of us have done wrong, and none of us is as good as God. Jesus is God manifest in the flesh, which means God came to earth as a man (1 Timothy 3:16). Christ died for our sins, was buried, and rose again the third day (1 Corinthians 15:3–4). How do we obey the gospel? 'Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost.' (Acts 2:38, KJV) To **repent** means to turn away from sin; our old self dies (Romans 6:6). We are **buried with Jesus in baptism**, all the way under the water, in Jesus' name. **Remission** means our sins are washed away, and we come up to live a new life (Romans 6:4; Acts 22:16). And God fills us with the **Holy Ghost**, and we speak with other tongues as the Spirit gives the words (Acts 2:4). The Bible calls this being born again (John 3:5)."
Pray with the kids, and encourage them to talk with their parents and pastor about being baptized in Jesus' name and filled with the Holy Ghost. Never pressure a child.
This week: walk with God each day: talk to Him in the morning, read one verse, and do one thing that pleases Him.

6. Activity: Bible Look-Up Race (10–15 minutes)

Kids work in pairs with one Bible. Read a reference and a question. The first pair to find the verse and read the answer out loud wins the point.

1. Genesis 5:18: Who was Enoch's father? *(Jared)*
2. Genesis 5:21: How old was Enoch when Methuselah was born? *(Sixty and five, 65)*
3. Genesis 5:22: How long did Enoch walk with God after Methuselah was born? *(Three hundred years)*
4. Genesis 5:23: How many were all the days of Enoch? *(Three hundred sixty and five years)*
5. Genesis 5:27: How long did Methuselah live? *(Nine hundred sixty and nine years, 969)*
6. Genesis 5:29: What was the name of Lamech's son? *(Noah)*
7. Genesis 6:9: Who else walked with God? *(Noah)*
8. Hebrews 11:5: What testimony did Enoch have? *(That he pleased God)*

7. Prayer

"Dear God, thank You that we can walk with You like Enoch did. Help us stay close to You, go Your way and please You by faith every day. Thank You for loving us and coming to save us in Jesus. In Jesus' name, amen."

If a child asks where God took Enoch, or how: the Bible says only "God took him" (Genesis 5:24) and he "should not see death" (Hebrews 11:5). It does not say how, so we don't guess. (Cain also had a son named Enoch, Genesis 4:17. He is a different man.)

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