Grades 3–5 · Hard

Daniel's Diet Worksheet

Hard: look up the answers in your Bible · Daniel 1:1–21

Name: _____ Date: _____

Look it up in your Bible

Read the verse, then write the answer on the line.

1. Who came unto Jerusalem and besieged it? *Read Daniel 1:1.* _____
2. What did the king appoint them each day? *Read Daniel 1:5.* _____
3. Who were the four from Judah? *Read Daniel 1:6.* _____
4. What did Daniel purpose in his heart? *Read Daniel 1:8.* _____
5. Why was the prince afraid to say yes? *Read Daniel 1:10.* _____
6. What did Daniel ask Melzar to give them? *Read Daniel 1:12.* _____
7. How did they look after ten days? *Read Daniel 1:15.* _____
8. What did God give the four children? *Read Daniel 1:17.* _____

Memory verse

Write Daniel 1:17 from memory. The first letter of each word is given.

As f___ t___ f___ c___, G___ g___ t___ k___ a___ s___

i___ a___ l___ a___ w___: a___ D___ h___ u___ i___

a___ v___ a___ d___. *Daniel 1:17 (KJV)*

Think about it

Daniel purposed to obey God (Daniel 1:8). How can you obey God?

_____

_____

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Answer key

Look it up in your Bible

1. **Nebuchadnezzar king of Babylon.** *(Daniel 1:1)*
2. **A daily provision of the king's meat, and of the wine which he drank.** *(Daniel 1:5)*
3. **Daniel, Hananiah, Mishael, and Azariah.** *(Daniel 1:6)*
4. **That he would not defile himself** with the king's meat and wine. *(Daniel 1:8)*
5. He said, **"I fear my lord the king."** *(Daniel 1:10)*
6. **Pulse to eat, and water to drink.** *(Daniel 1:12)*
7. **Fairer and fatter in flesh** than all the children which did eat the king's meat. *(Daniel 1:15)*
8. **Knowledge and skill in all learning and wisdom.** *(Daniel 1:17)*

Memory verse

"As for these four children, God gave them knowledge and skill in all learning and wisdom: and Daniel had understanding in all visions and dreams." *Daniel 1:17 (KJV)*

Think about it

Answers will vary (obey parents, tell the truth, pray, read the Bible, stay away from wrong things even when friends don't). Help kids see that Daniel made up his mind to obey God before the test came, and God gave him favour and wisdom (Daniel 1:9, 17). Encourage them to talk with their parents and pastor about obeying the gospel (Acts 2:38).

For the teacher

Time: about 20 minutes · **Ages:** grades 3–5

- **Bibles:** each child (or each pair) needs a King James Bible open to Daniel 1.
- **Old Bible words explained:** besieged = surrounded with an army, provision = food supply, purposed = made up his mind, defile = make unclean, portion = share, meat = food, prove = test, pulse = food grown from seeds (like beans), countenances = faces, fairer = healthier-looking.
- **Talk about it:** Daniel purposed in his heart to obey God (Daniel 1:8), and "God gave them knowledge and skill in all learning and wisdom" (Daniel 1:17). Ask kids to share their "think about it" answers.
- **Teach the story first:** use the free Daniel's Diet Sunday school lesson at vbshq.com/lessons/daniels-diet-lesson.

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