Preschool–Grade 6

Daniel's Diet: Take-Home Sheet

What we learned in Sunday school today · Daniel 1:1–21

Name: _____ **Date:** _____

Today's story: Daniel and his friends Hananiah, Mishael and Azariah were taken to the palace of the king of Babylon. The king gave them his own food and wine. But Daniel made up his mind not to defile himself, and he asked to eat pulse, food grown from seeds, and drink water for ten days. At the end of the ten days they looked healthier than all the others, and God gave them knowledge and wisdom.

I can make up my mind to obey God, like Daniel did.

Talk about it at home

1. What did Daniel purpose in his heart? (Read Daniel 1:8.)
2. What did God give Daniel and his friends? (Read Daniel 1:17.)
3. What is one thing our family can make up our minds to do for God this week?

Draw it: a bowl of pulse and a cup of water, or one way you will obey God this week.

Learn it together (purposed = made up his mind, defile = make unclean before God, meat = food):

"As for these four children, God gave them knowledge and skill in all learning and wisdom: and Daniel had understanding in all visions and dreams."

Daniel 1:17 (KJV)

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