

The Armor of God Worksheet

Hard: look up the answers in your Bible • Ephesians 6:10–18

Name: _____ Date: _____

Look it up in your Bible

Read the verse, then write the answer on the line.

1. Who wrote this letter? *Read Ephesians 1:1.* _____
2. Whose power makes us strong? *Read Ephesians 6:10.* _____
3. The armor helps us stand against what? *Read Ephesians 6:11.* _____
4. We wrestle not against what? *Read Ephesians 6:12.* _____
5. What are our loins girt about with? *Read Ephesians 6:14.* _____
6. What does the shield of faith quench? *Read Ephesians 6:16.* _____
7. What is the sword of the Spirit? *Read Ephesians 6:17.* _____
8. What did Paul call himself? *Read Ephesians 6:20.* _____

Memory verse

Write Ephesians 6:11 from memory. The first letter of each word is given.

P o t w a o G , t y m b
 a t s a t w o t d .

Ephesians 6:11 (KJV)

Think about it

Which piece of the armor of God do you need most this week? Why? (Ephesians 6:14–17)



Answer key

Look it up in your Bible

1. **Paul**, an apostle of Jesus Christ, to the saints at Ephesus. (*Ephesians 1:1*)
2. **The Lord's**: "be strong in the Lord, and in the power of his might." (*Ephesians 6:10*)
3. **The wiles (tricks) of the devil**. (*Ephesians 6:11*)
4. **Flesh and blood**. Our fight is not against people, but against spiritual wickedness. (*Ephesians 6:12*)
5. **Truth**. Loins girt about means wrapped around the waist, like a belt. (*Ephesians 6:14*)
6. **All the fiery darts of the wicked**. Quench means put out. (*Ephesians 6:16*)
7. **The word of God**. (*Ephesians 6:17*)
8. **An ambassador in bonds**, a messenger in chains. (*Ephesians 6:20*)

Memory verse

"Put on the whole armour of God, that ye may be able to stand against the wiles of the devil." *Ephesians 6:11 (KJV)*

Think about it

Answers will vary. Let kids name a piece and a real, everyday way to "put it on," like telling the truth (6:14), trusting God when they're worried (6:16), learning a Bible verse (6:17) or praying for a friend (6:18).

For the teacher

Time: about 20 minutes · **Ages:** grades 3–5

- **Bibles:** each child (or each pair) needs a King James Bible open to Ephesians 6. Question 1 is in Ephesians 1:1.
- **Old Bible words explained:** armour = armor; ye = you; wiles = tricks; loins girt about = wrapped around the waist; quench = put out; fiery darts = burning arrows; in bonds = in chains.
- **Talk about it:** our strength comes from the Lord (Ephesians 6:10). Ask kids to share their "think about it" answers.
- **Teach the passage first:** use the free armor of God Sunday school lesson at vbshq.com/lessons/armor-of-god-lesson.

